



Tooth brushing knowledge, attitude and practice plus dietary pattern among the indigenous people of Unua Community at Malekula Island in Vanuatu, South West Pacific.

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Background:

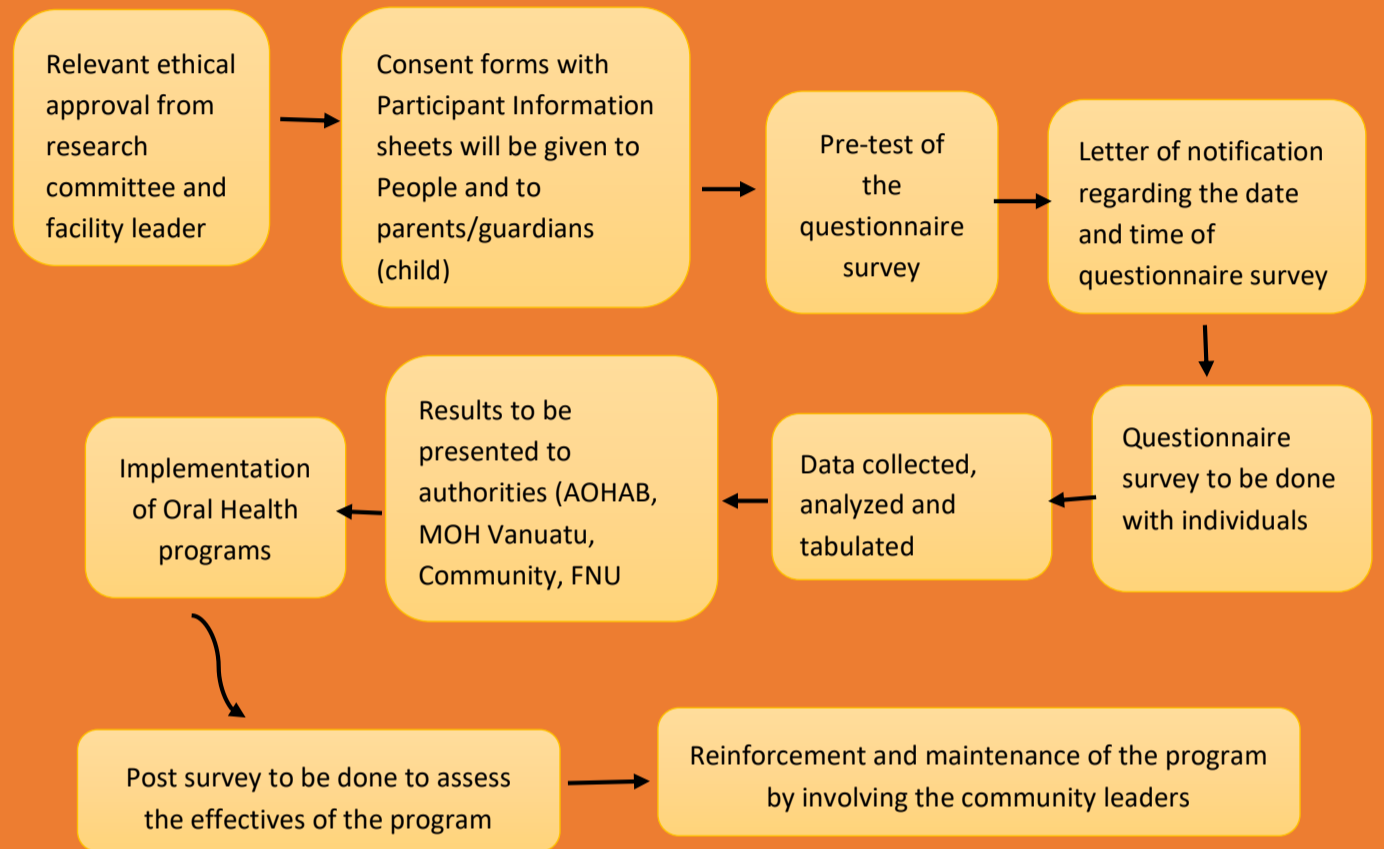
The remote Unua community is where I grew up and the population is around 1,000 individuals. People live locally and access to oral health services is still unavailable.



Methodology:

The study will be Pilot (exploratory) descriptive studies and the data will be collected through pre and post survey questionnaires. It will take place at Unua community in Vanuatu amongst the Presbyterian Church members age 4-5years, 11-13years, 18-23years, 30-35years, and 50-55years of age. There will be pre-test survey, pre-survey and post- survey

Survey Outline to collect data:



Introduction:

Oral diseases affect almost 50% of the population of Vanuatu and globally 3.9 billion people and making it the most prevalent conditions included in the Global Burden of Disease Study (1990– 2010). The impact of oral diseases on quality of life is huge.

Objectives:

1. To assess the knowledge of people on oral health with the habits of tooth brushing
2. To find out the community dietary pattern in the past through the present
3. To find out the factors that can be a barrier to lacking knowledge, attitude and practices of oral health

Conclusion:

The results for this project will determine what oral health promotion programs to be implemented to improve the people's knowledge, attitude and practice towards oral health plus the general health as well. Cooperation, commitment and reinforcement is needed to make a difference in an individual's behaviour and mindset towards oral health.

Reference & Questionnaire Sheet: Scan QR Code



Proposed Implementation program:

- Tooth brushing awareness program in the community and distribution of free oral hygiene materials
- Tooth brushing program in school (Supervised tooth brushing program)
- Healthy school canteen policy (National level, Ministry of health and Ministry of education)

Potential Benefits of the Post Survey Interventions:

- Implementation of programs that will benefit/improve the lives of the indigenous people

Goals of Post Survey:

- To assess the effectiveness of oral health promotion intervention programs that will be implemented in that particular community



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