

HYGIENE AWARENESS OF PEOPLE WITH SPECIAL AND SOCIAL NEEDS IN TIMISOARA, ROMANIA

Bagosi Stefania-Izabella (1,2), Prof.Dr.Habil. Meda Lavinia
Negrutiu DMD, PhD, Prof. Dr. Cosmin Sinescu (2)



1. Alliance for Oral Health Across Borders
2. Victor Babes University of Medicine and Pharmacy Timisoara (Romania)

INTRODUCTION

Promote oral health, free treatments and prevention among young and challenged people in Romania. People without home, without jobs or money, abandoned children, women victims of domestic violence and children with disabilities.

Dental caries is a serious public health problem, which, in an individual, may cause pain, suffering and a decrease in that person's quality of life.

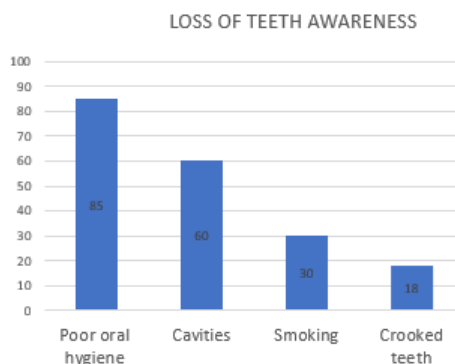
MATERIALS & METHODS

Evaluate people with special needs awareness regarding oral hygiene through a short questionnaire. They have to fulfill a survey that will take 5-7 minutes, after taking part to a consultation and free treatments. The questionnaire, consisting of 13 questions, was divided in three parts: (1) general information, (2) general hygiene questions, (3) prevention and treatment.

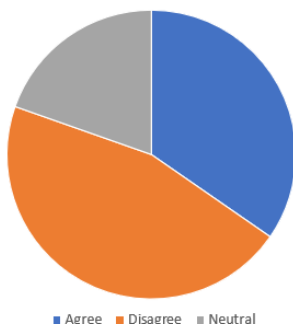
RESULTS

Most participants identified poor oral hygiene to be a major risk factor for teeth losing, however smoking and crooked teeth were identified to be a lesser degree as a risk factor (Figure 1).

Identification of cavities (caries) as a risk factor was associated with people enrolled in healthcare related programs.



Developing teeth disease is a matter of pure luck



Participants were also asked about their attitudes regarding how lifestyle influence on developing teeth disease.

AIMS OF THE PROJECT

Oral health education is effective in improving the knowledge attitude and practice of oral health and in reducing plaque, bleeding on probing of the gingiva and caries increment. This study identifies a few important variables which contribute to the effectiveness of the programs.

CONCLUSION

The preliminary results of this study highlight the need for this study to be continued and implemented at a large scale in order to understand the level of hygiene awareness of people with special needs in Timisoara, Romania.



The results will be useful in designing and implementing future awareness campaigns. Taking part to a consultation and free treatments helps to improve oral health quality of people in need.

HEALTHY ORAL LIFE, HAPPY PATIENTS !