



# WIN SMILE PROJECT

UNIVERSITY OF RWANDA  
SCHOOL OF DENTISTRY

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## INTRODUCTION

Oral health is a key indicator of overall health, wellbeing and quality of life; it encompasses a range of diseases and conditions that include mostly dental caries, periodontal gum diseases and other diseases.

The WHO global oral health status report (2022) estimated that oral diseases affect close to 3.5 billion people worldwide, with 3 out of 4 people affected living in middle income countries.

- This project aims at increasing awareness and providing required information about oral health knowledge, attitude and oral hygiene practices by gathering a large audience in social activities in form of sports (football, basketball, volleyball...). In addition, the project will be beneficial to general, physical and psychological health.
- Prophylactic material will be provided to the students (university, secondary and primary) and other attendees.

## Current Problems

- High burden of oral diseases as shown by Rwanda first national oral health survey.
- Identified gap in oral health knowledge, attitude and practices.
- There is high caries prevalence in children as a result of their oral health low care and negligence by their care givers.

## OBJECTIVES

Reduction of oral diseases prevalence through increasing oral health knowledge, attitude and oral hygiene practices to different students and the community at large.

## OUTCOMES

- Promotion of oral health awareness.
- Prevention of oral health diseases such as dental caries.
- Promotion of general, physical and psychology health by different social activities.
- Provision of outreaches program to the selected schools.
- Students` guardians and community health workers will be provided trainings about oral health promotion, prevention of diseases so as to constantly train others in their community.
- More access to dental treatments and awareness of the treatment`s options.

## TARGET POPULATION

- Students in different level according to the project phase.
- Students` guardians
- School staff, teachers and other attendees
- Community health workers
- NGOs and associations that works on oral health promotion.

### Project phases:

- Phase I/ University
- Phase II/Secondary school
- Phase III/Primary school

## METHODOLOGY

- Gathering of people attending sports, and provide them with oral health education and screening.
- Trainings and education
- Community outreaches
- Oral hygiene materials provision
- Radio talks and social media platform use
- Working together with different stakeholders and partners

## CONCLUSION

There is still a real need for a constant and reliable interaction that would allow for an easy flow of information and sharing of ideas, knowledge and expertise. This project aims at providing oral health knowledge and promotes good attitudes with good oral hygiene practices.

Therefore, it will emphasize on preventive and prophylaxis measures, which will increase awareness and contribute to Rwanda health system in promotion of oral health and prevention of oral diseases.

## REFERENCE:

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