

BI PROUD MOUTH PROJECT



By IRAKOZE YVAN
University of Rwanda, College of Medicine and Health Sciences,
School of Dentistry

INTRODUCTION

- According to WHO Global Oral health status report(2022),3.5 billion of people worldwide are affected by oral diseases.
- Despite being preventable, over 2 billion of adult people and 514 million of children are suffering from dental caries.
- Due to lack of oral health awareness, as well as the reduced number of dental health professionals, the prevalence of oral diseases is high in Burundi.



AIM OF THE PROJECT

- My project consists of prevention of dental caries and periodontal diseases by providing education on primary school children about the proper oral hygiene and diet counselling for oral health promotion.
- Tooth brush and paste shall be given.
- After the outreach ,an educational comic book, containing comprehensible images and simple words shall be provided , so that the children of the first primary school continue to acquire the right knowledge on oral health.



OBJECTIVES

- To encourage good oral hygiene practices in primary school children from an early age.
- To educate children and teachers about the correct perspective towards oral healthstatus.
- To create an educational comic book talking about oral hygiene practices and diet counselling to be used by primary school children.
- To overall increase the knowledge about the proper oral health.



METHODOLOGY

- Through primary school community outreach.
- Primary school children as well as teachers will be educated on proper oral hygiene and on diet.
- First, it will be carried out in primary schools located in rural area.



OUTCOMES

- Early exposure on good oral hygiene practices.
- Increased knowledge on a proper oral health.
- Increased knowledge on a healthy nutrition
- Reduced prevalence of dental and periodontal diseases.



CONCLUSION

- It requires time and efforts to instill good habits in our lives ,
- Therefore , there is importance of primary school outreach to educate children on the importance of good oral health at their early age
- In a country where there is less awareness on how to carry a proper oral health , as well as where there is reduced number of oral health professionals , this project is beneficial as it will help more in prevention , and always "prevention is better than cure"

References



Attribution

This cover has been designed using assets from Freepik.com and flaticon.com

